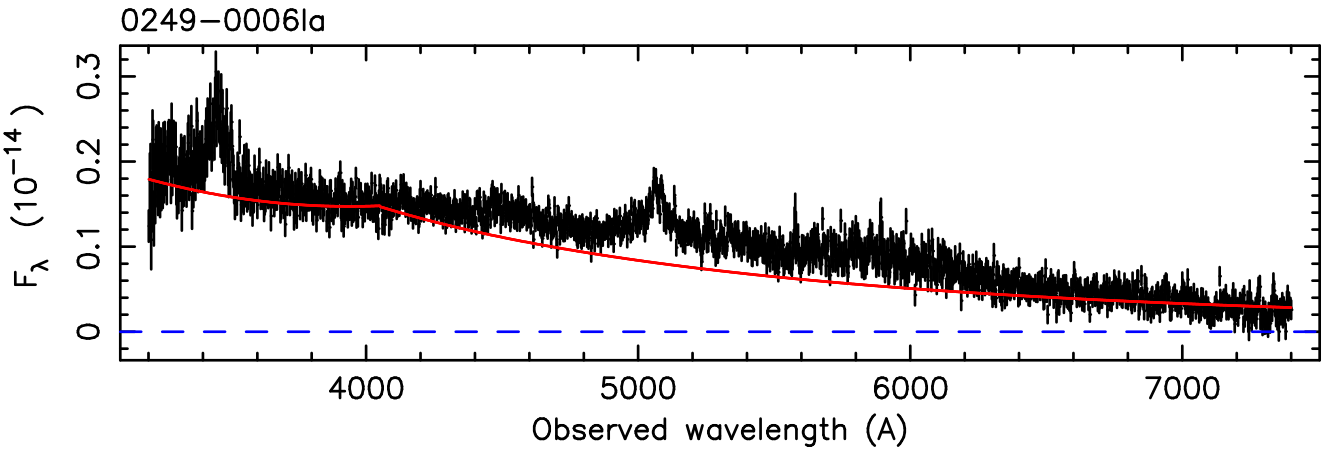
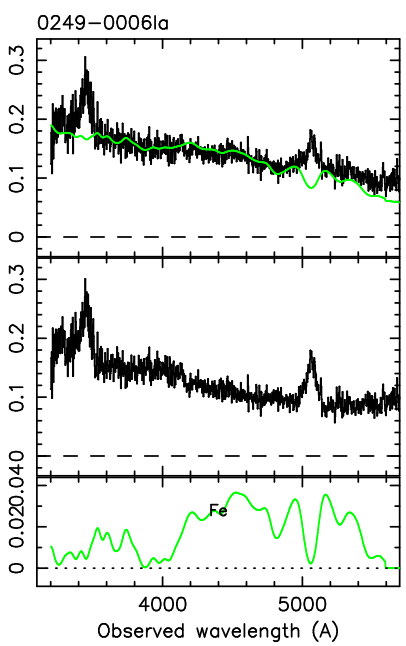
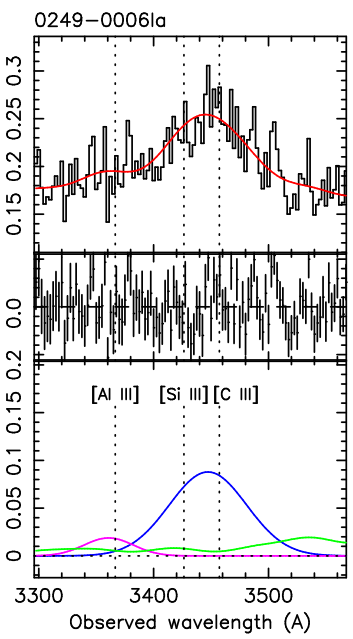
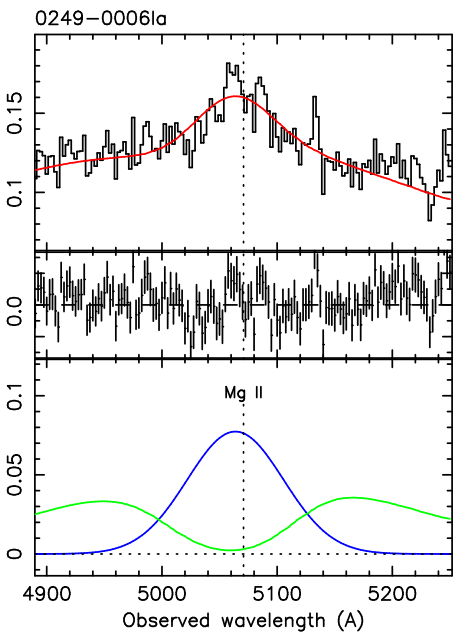
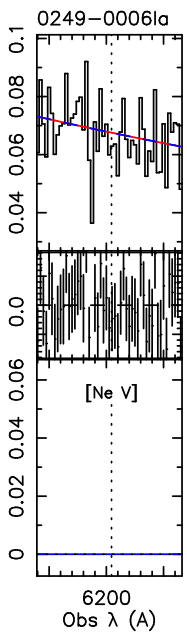
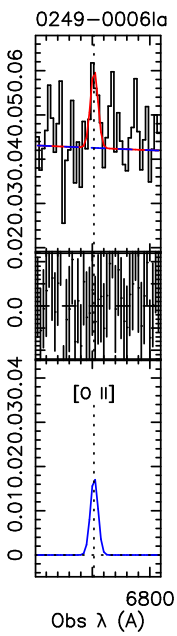
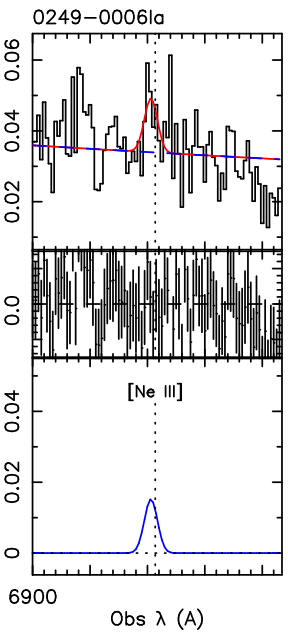
299) 0249-0006la

z = 0.811 N_H Gal = 4.33 $\times 10^{20}$ cm^{-2}