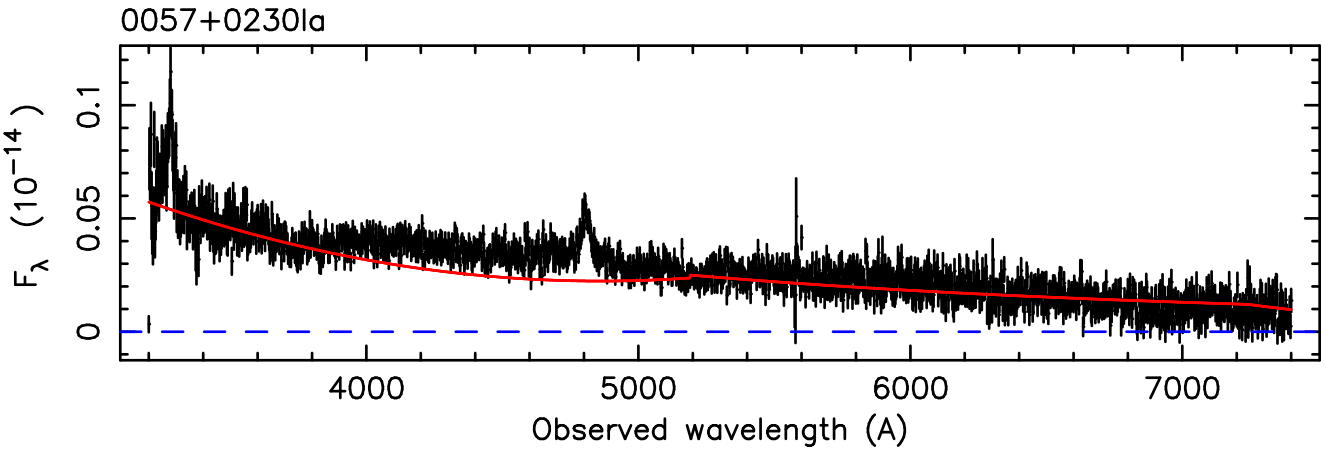
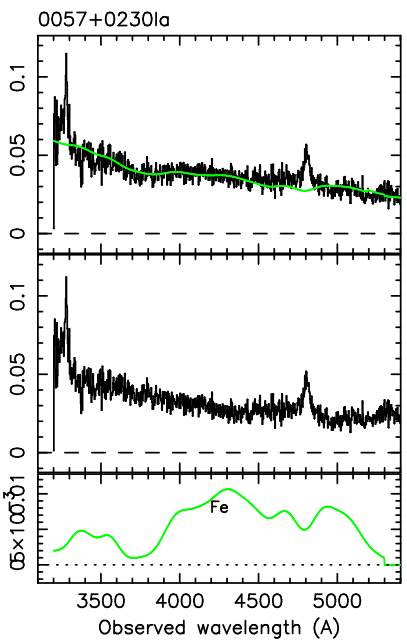
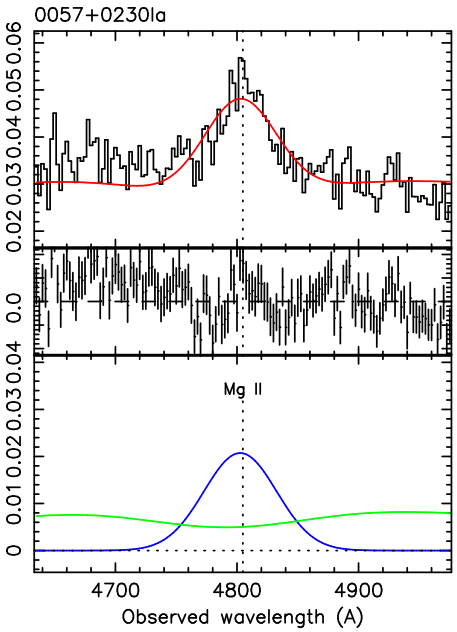
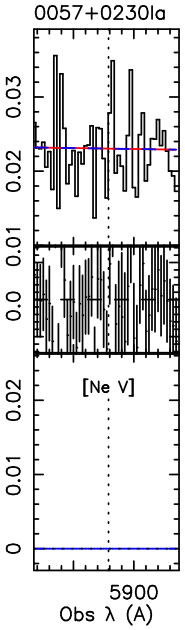
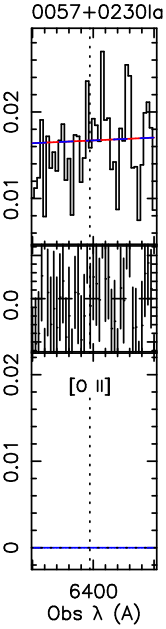
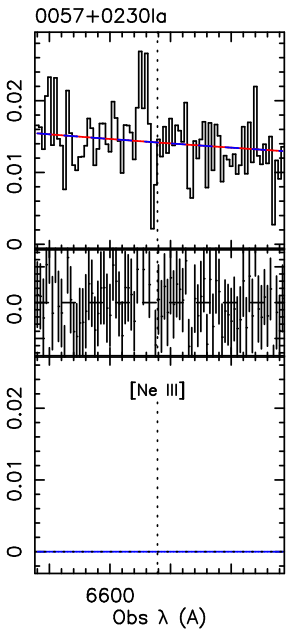
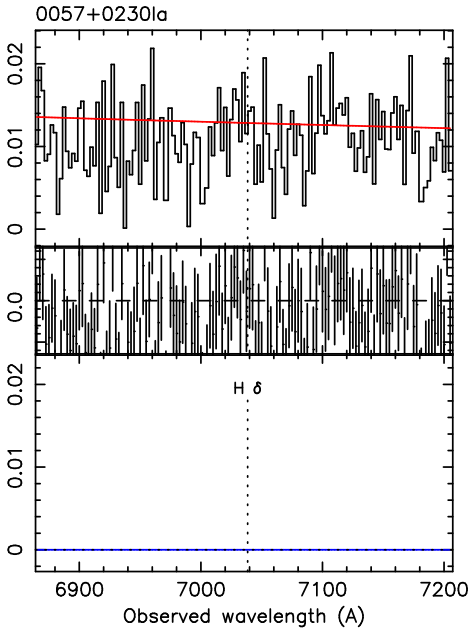
213) 0057+0230la

z = 0.716 N_H Gal = 3.12 $\times 10^{20}$ cm^{-2}