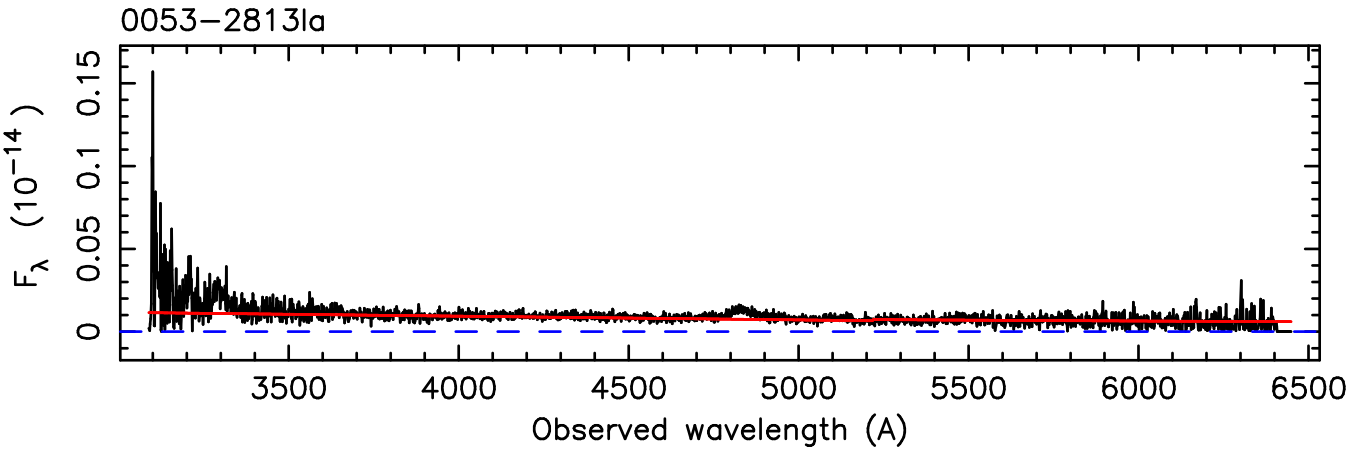
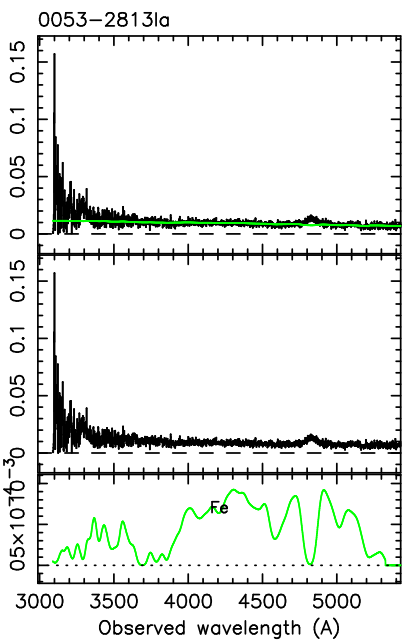
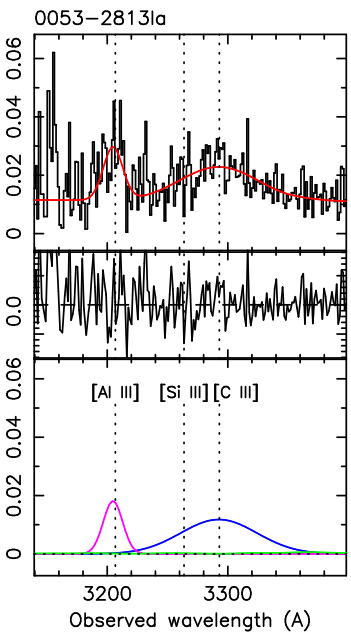
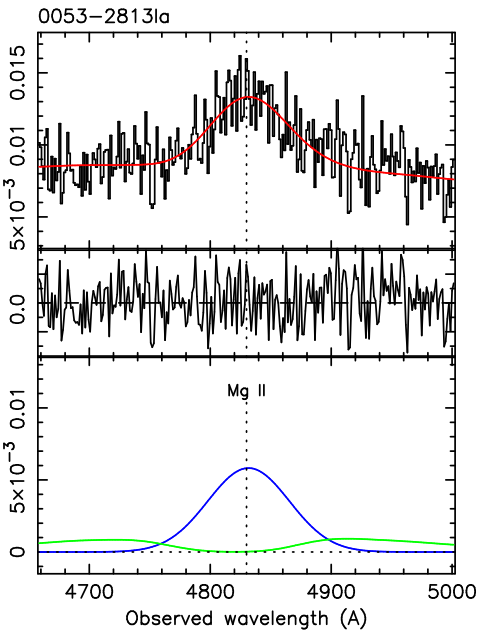
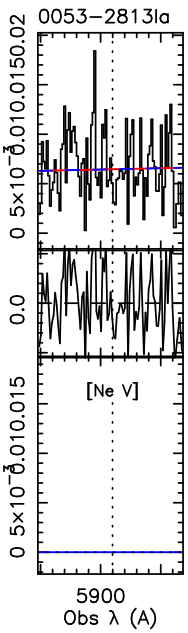
194) 0053-2813la

$z = 0.725$ N_H Gal $= 1.76 \times 10^{20}$ cm^{-2}