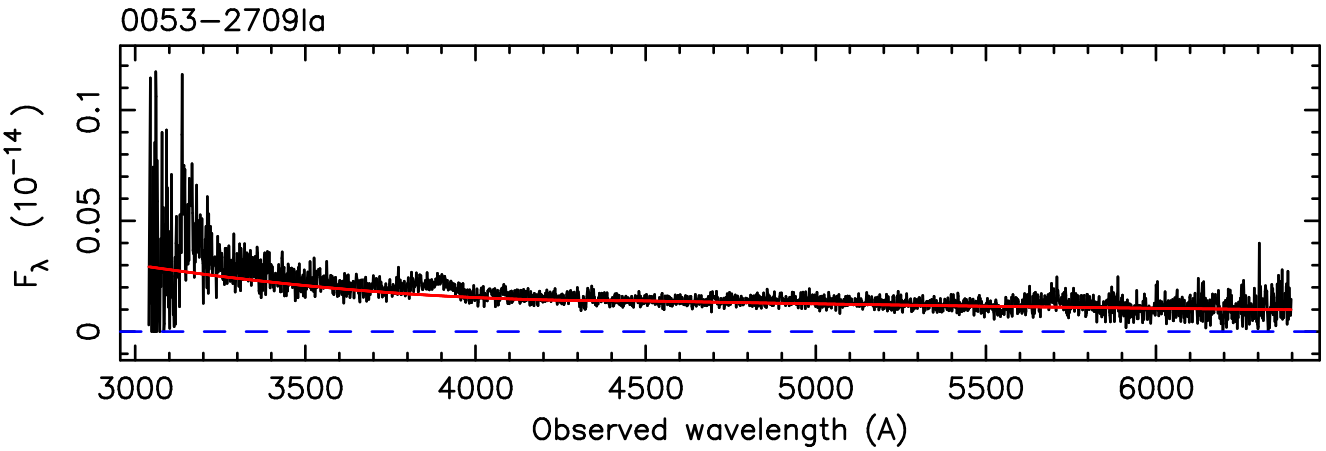
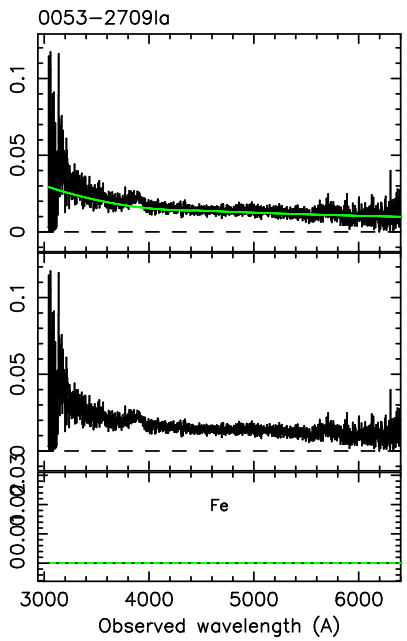
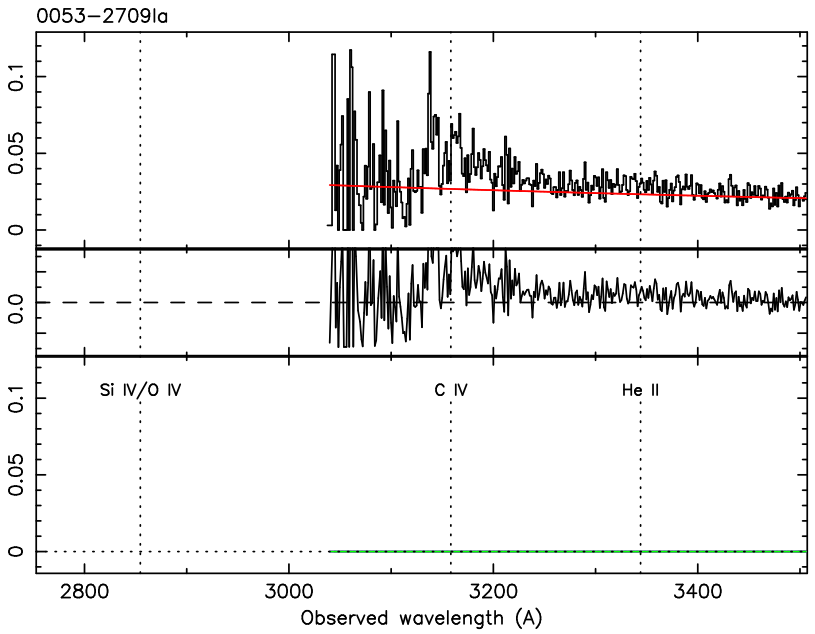
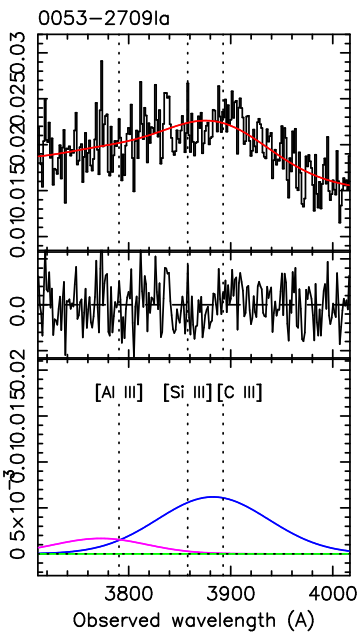
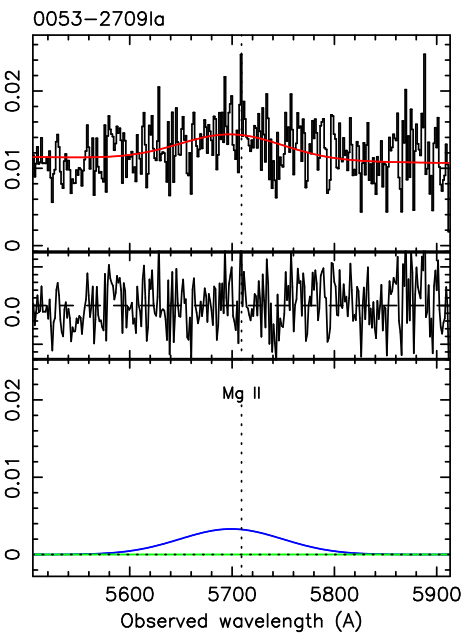
193) 0053-2709la

$z = 1.039$ N_H Gal $= 1.72 \times 10^{20}$ cm^{-2}