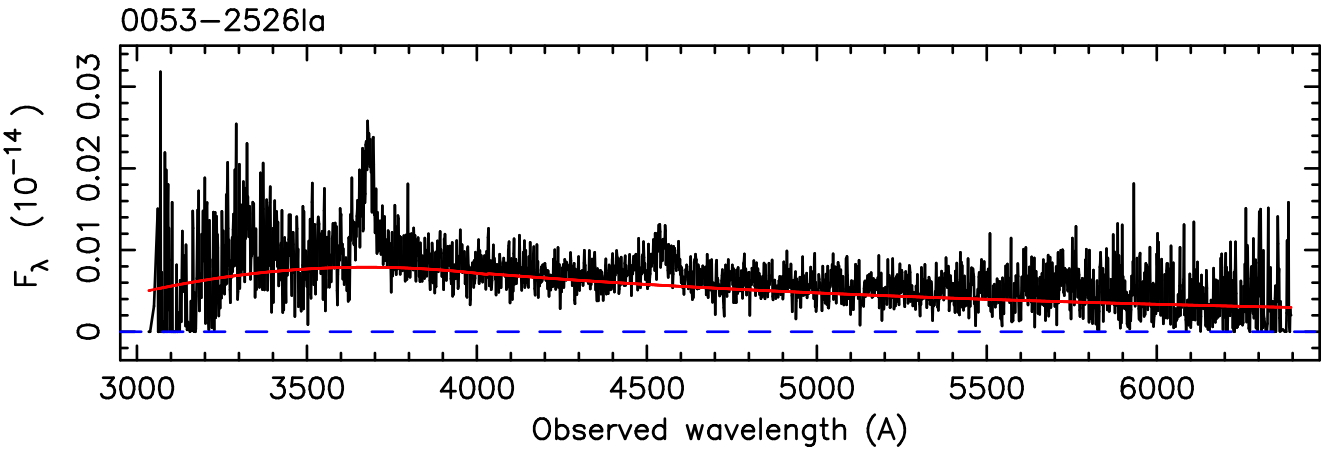
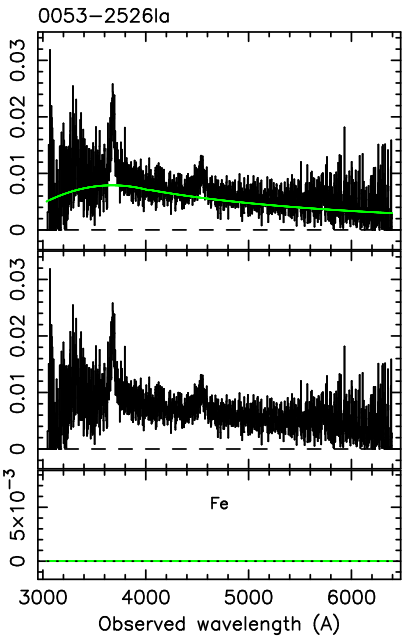
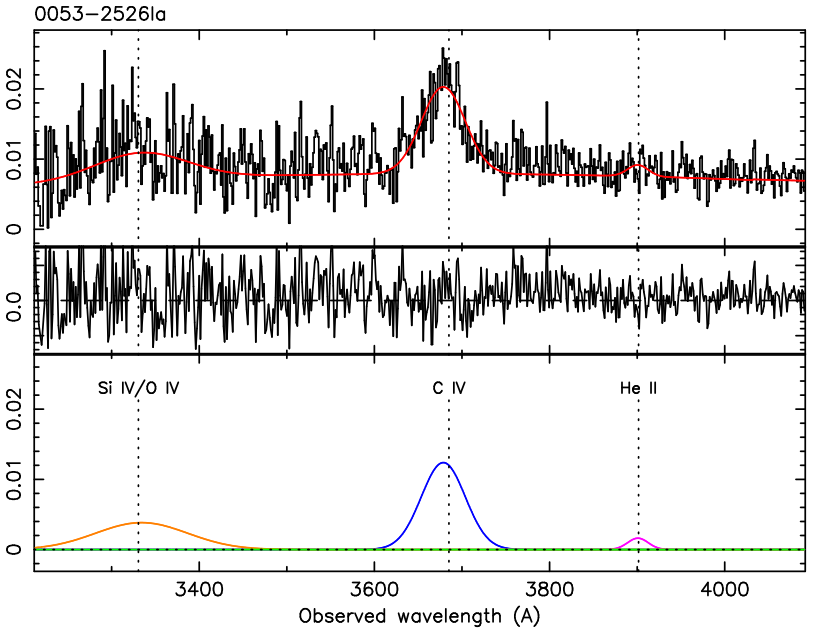
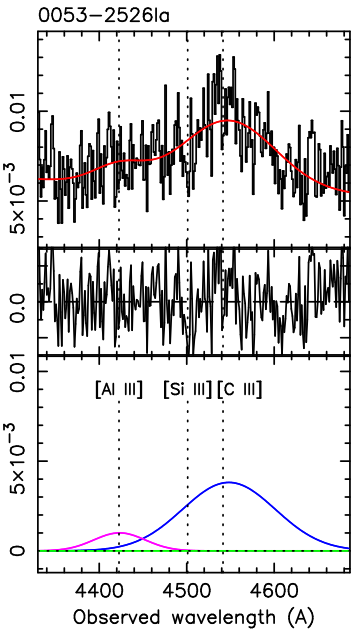
191) 0053-2526la

z = 1.379 N_H Gal = 1.66 $\times 10^{20}$ cm^{-2}