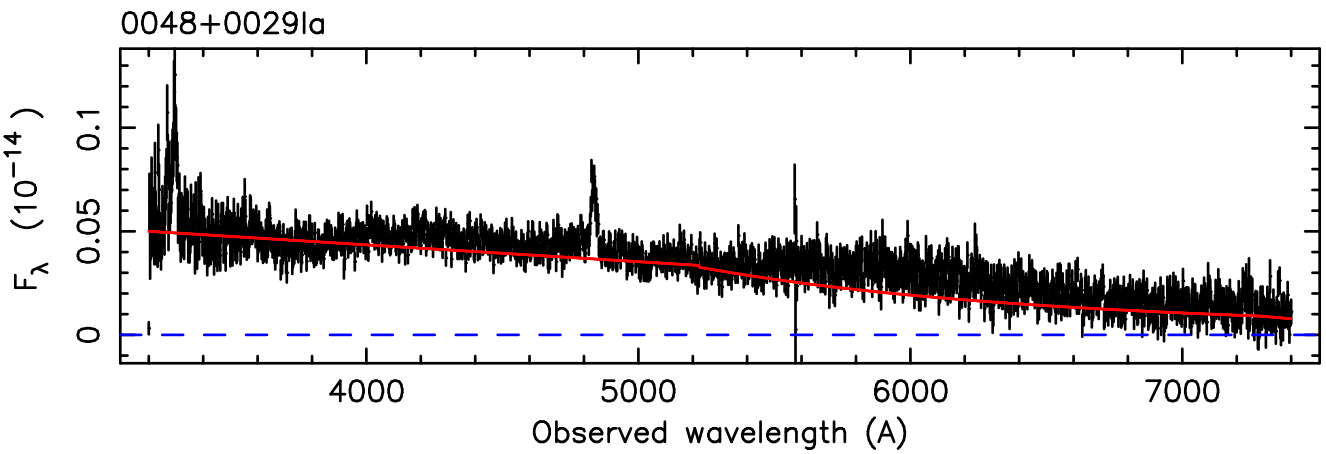
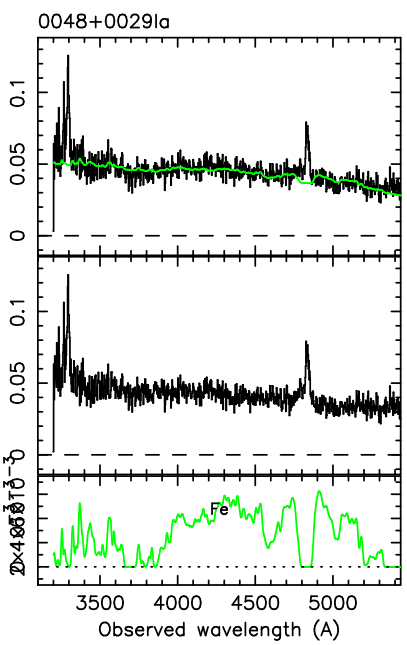
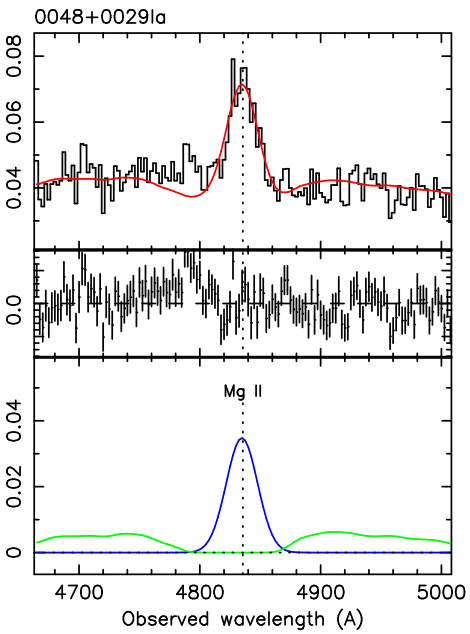
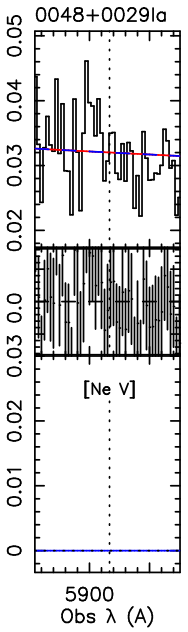
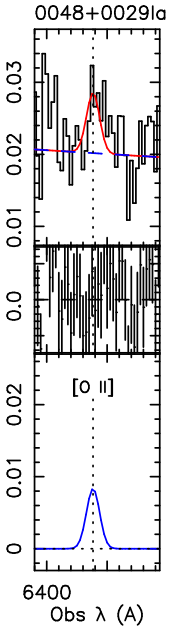
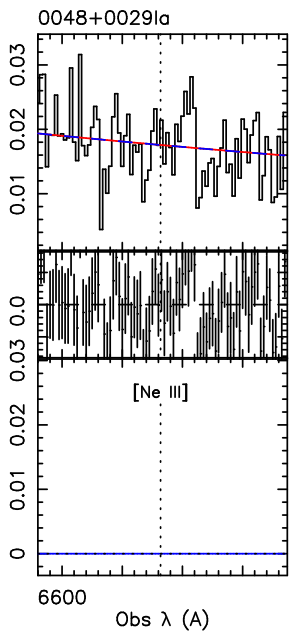
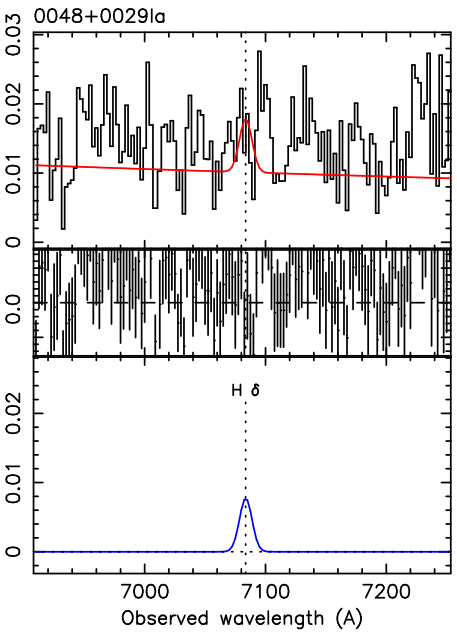
144) 0048+0029la

z = 0.727 N_H Gal = 2.83 $\times 10^{20}$ cm^{-2}