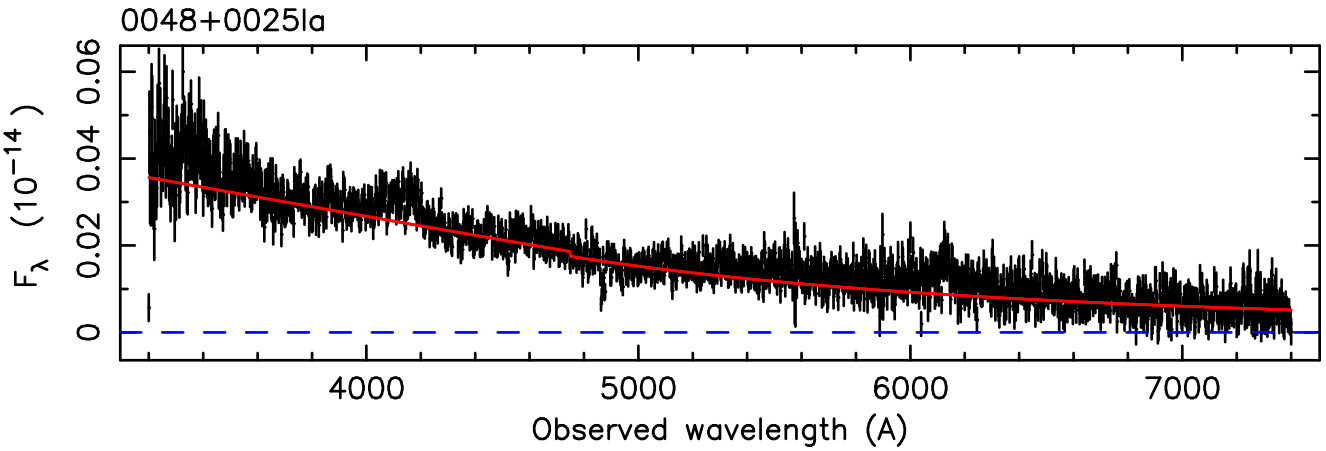
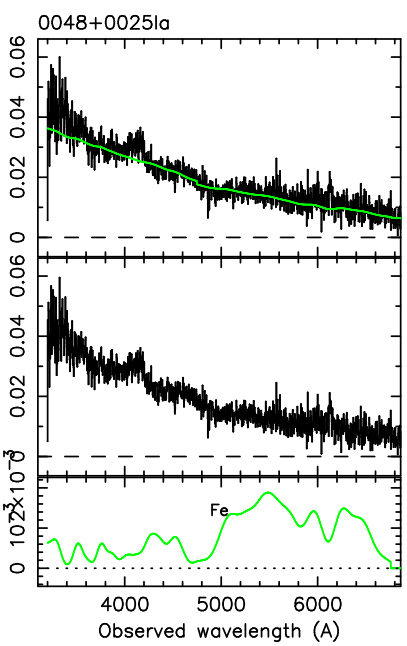
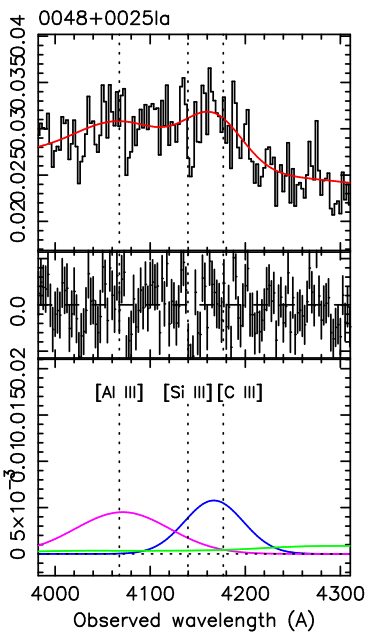
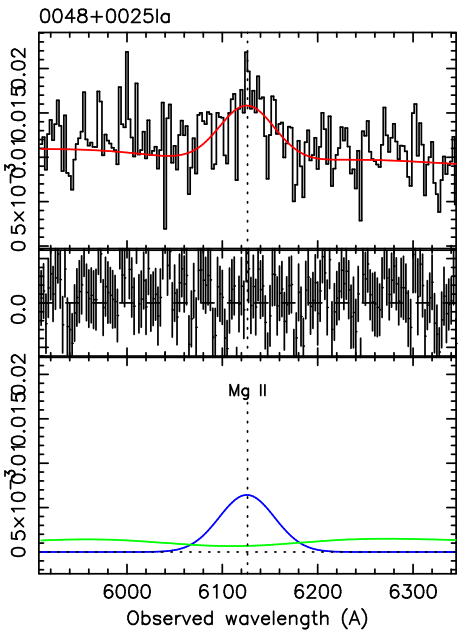
143) 0048+0025la

z = 1.188 N_H Gal = 2.95 $\times 10^{20}$ cm^{-2}