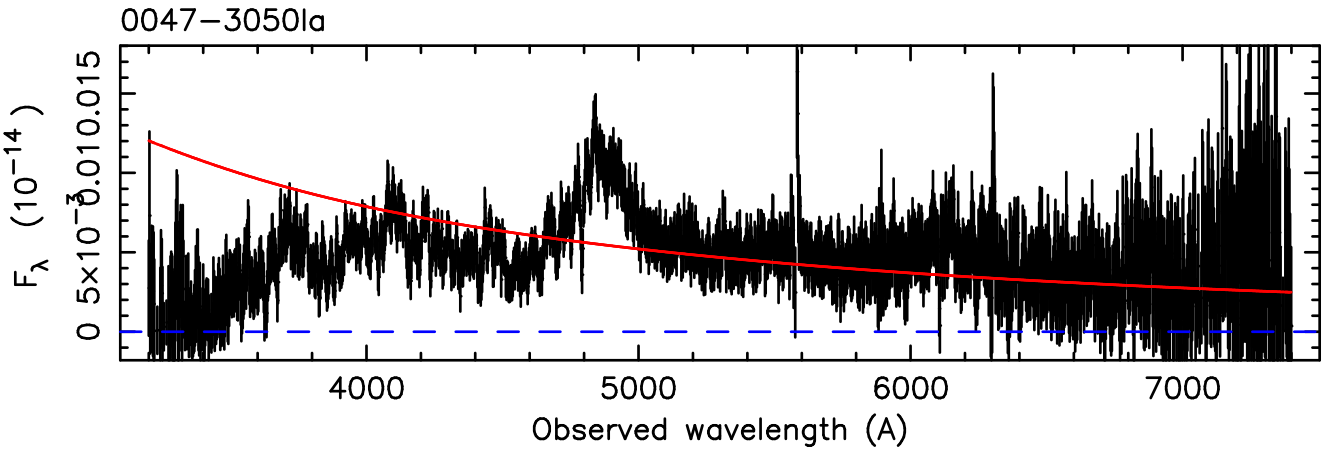
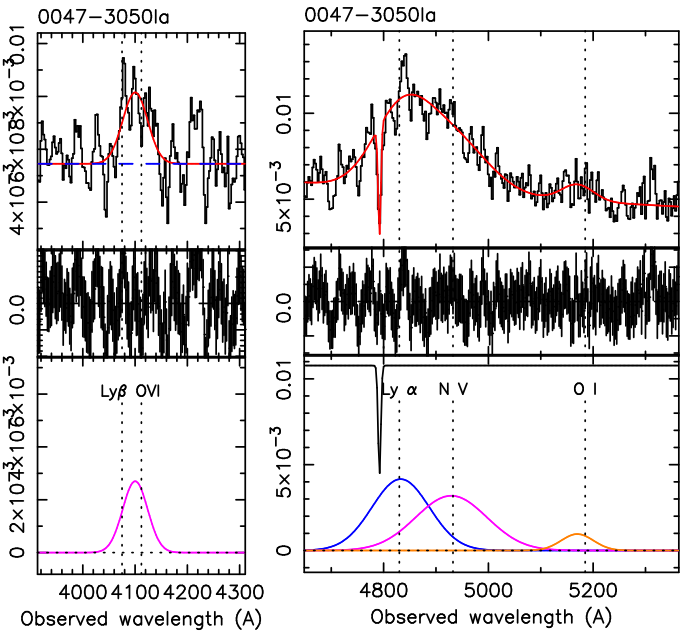
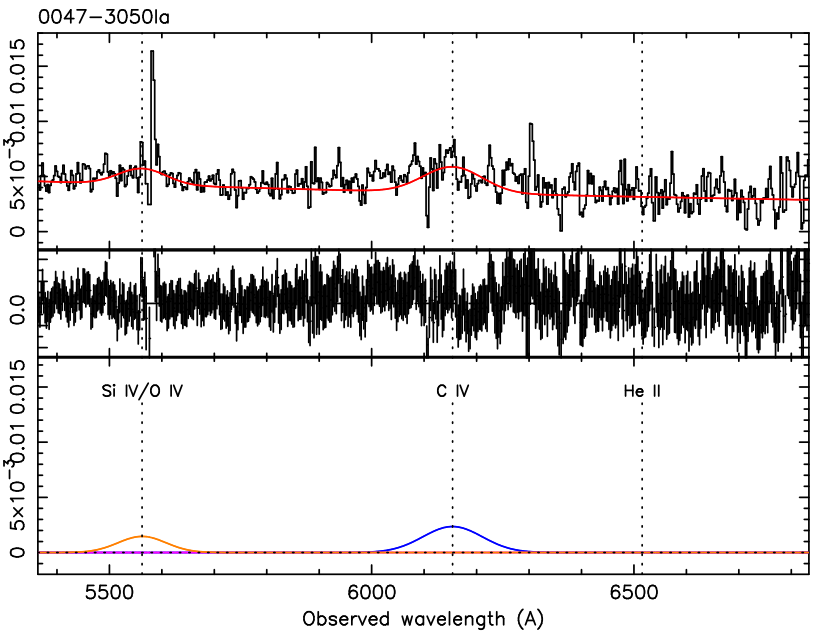
141) 0047-3050la

z = 2.973 N_H Gal = 1.91 $\times 10^{20}$ cm^{-2}