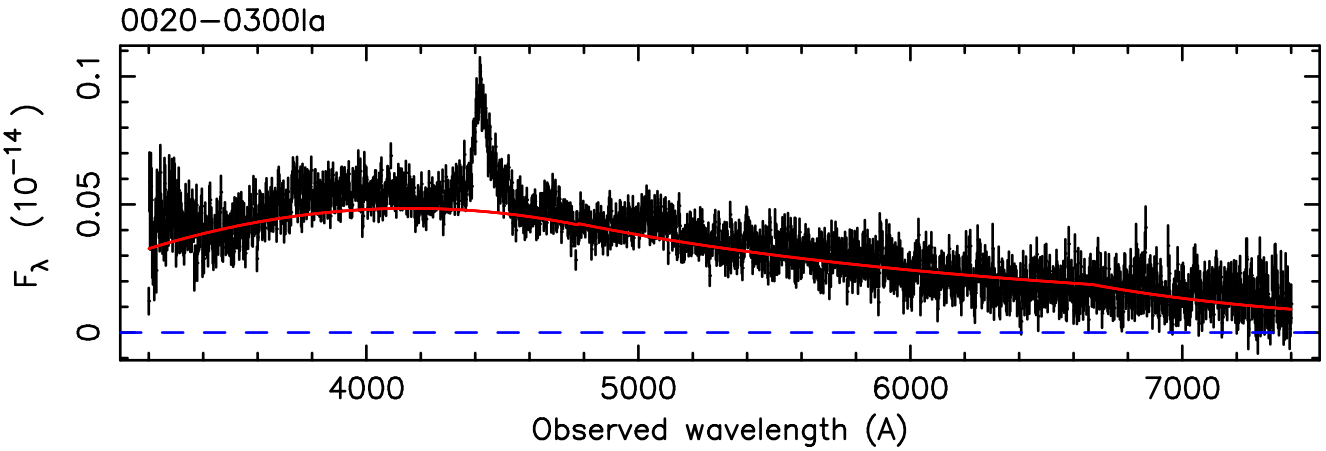
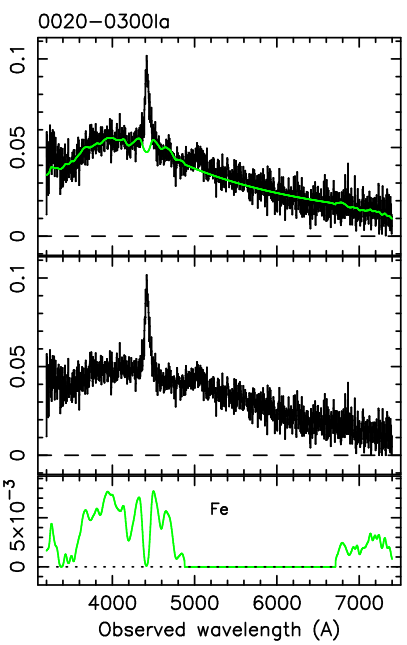
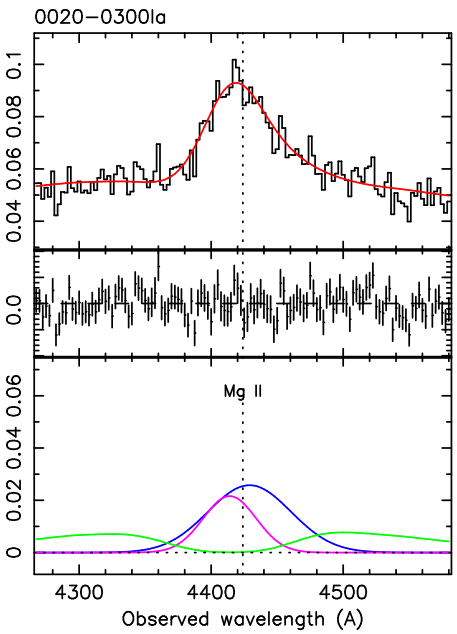
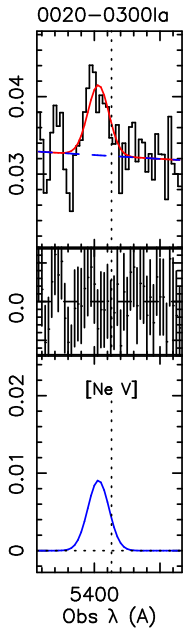
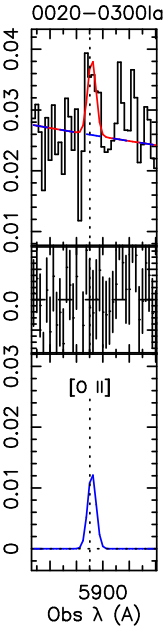
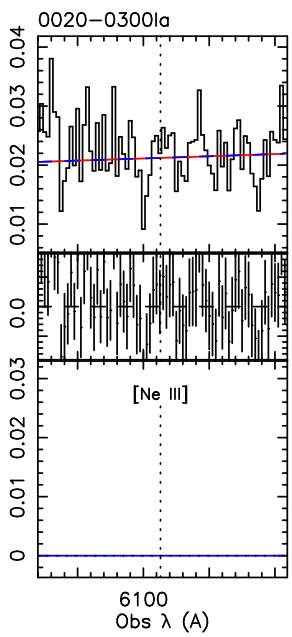
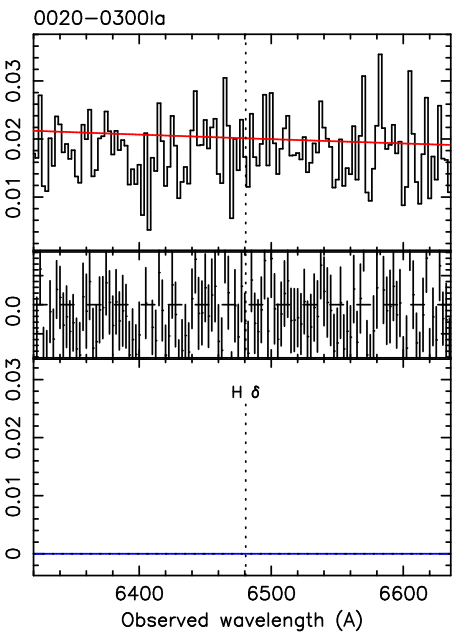
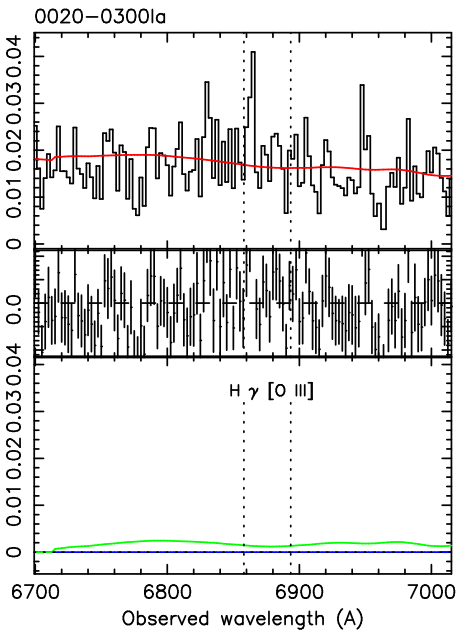
69) 0020-0300la

$z = 0.580$ N_H Gal $= 3.03 \times 10^{20}$ cm^{-2}