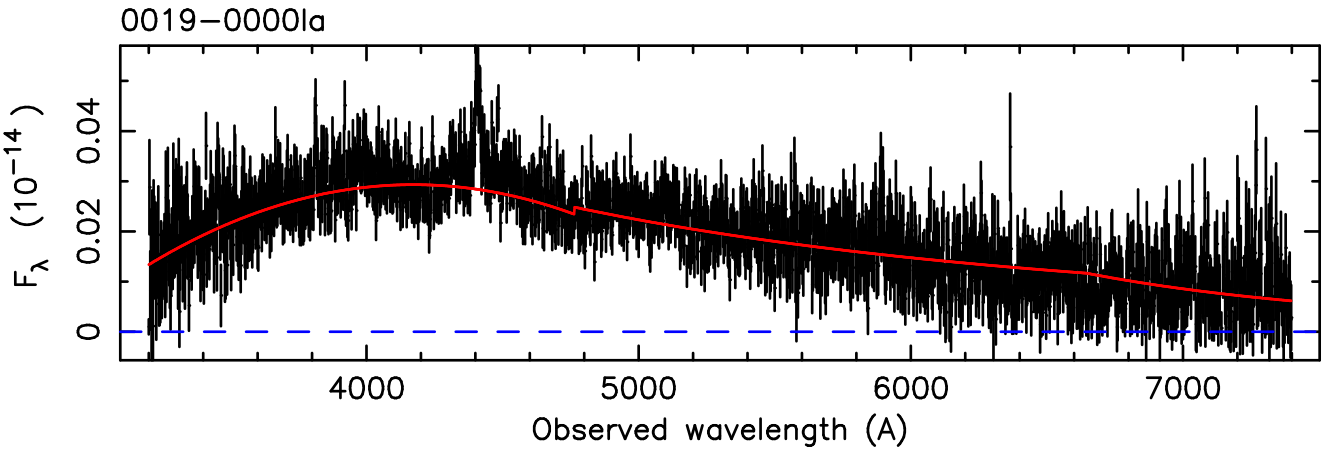
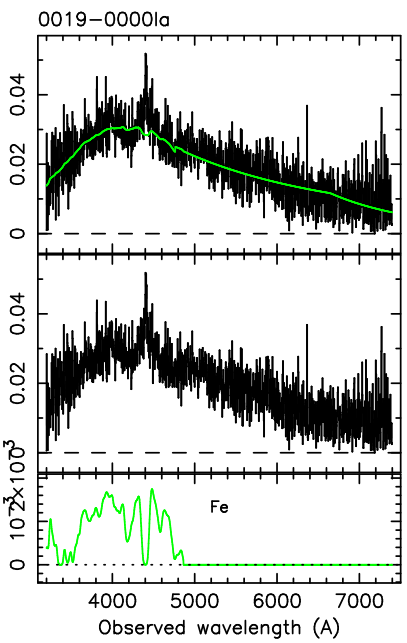
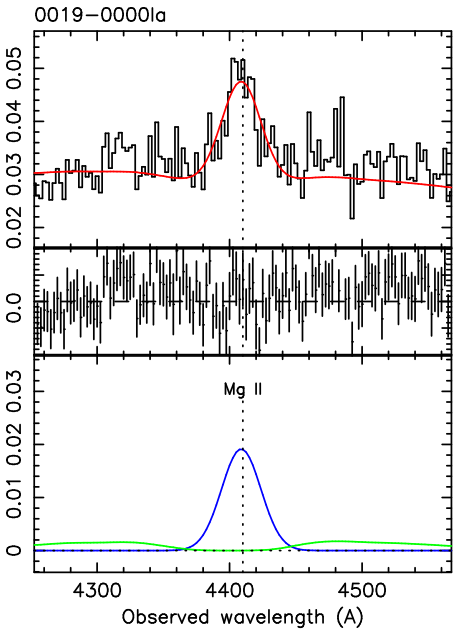
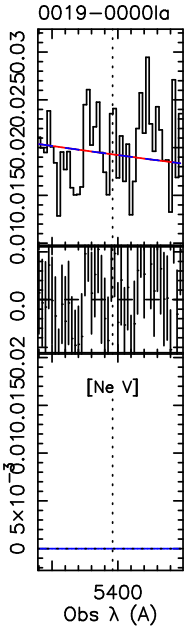
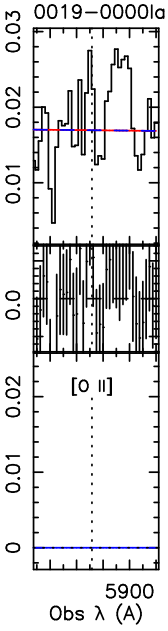
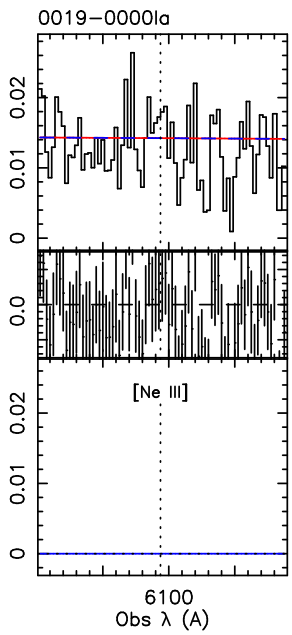
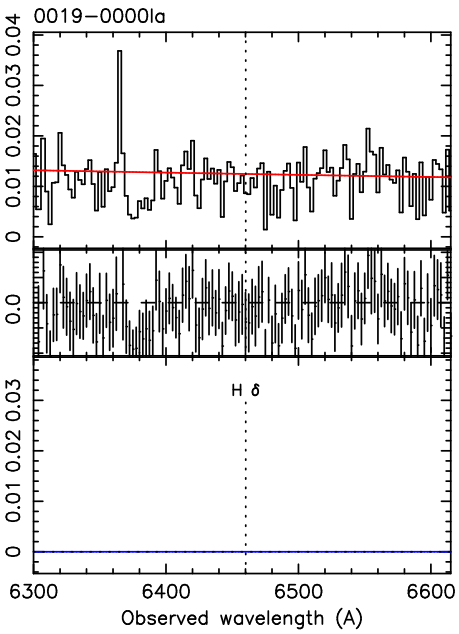
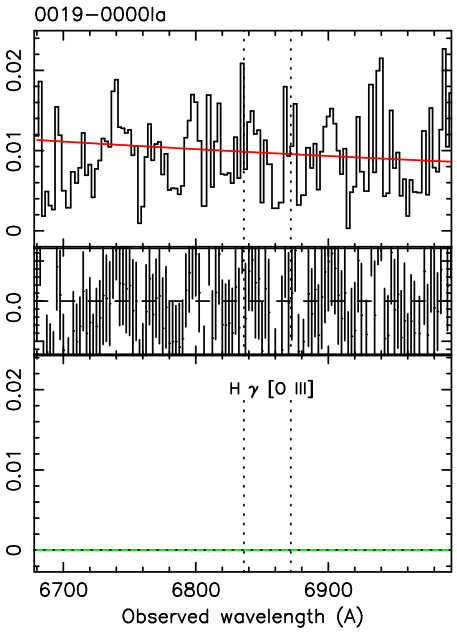
61) 0019-0000la

$z = 0.575$ N_H Gal $= 3.24 \times 10^{20}$ cm^{-2}