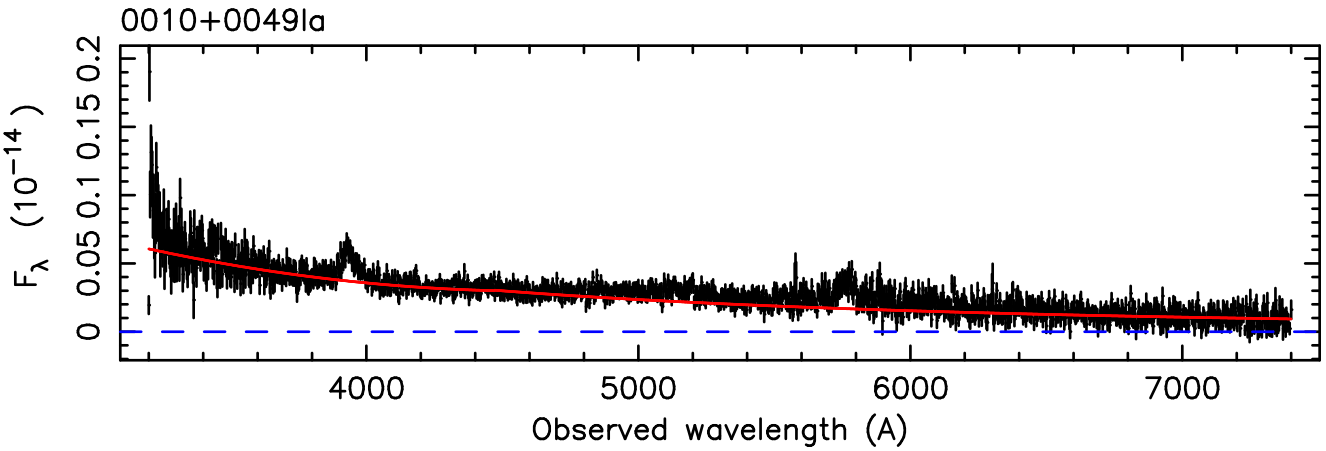
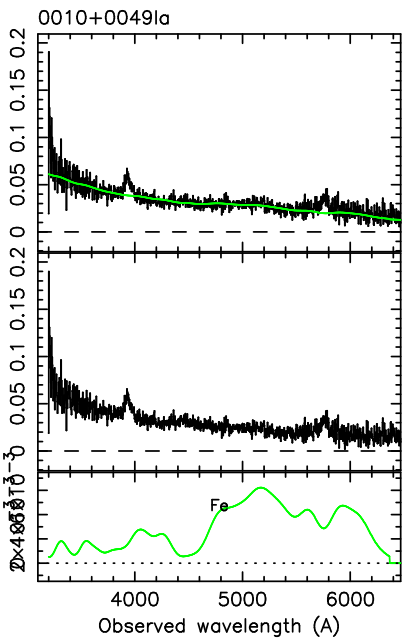
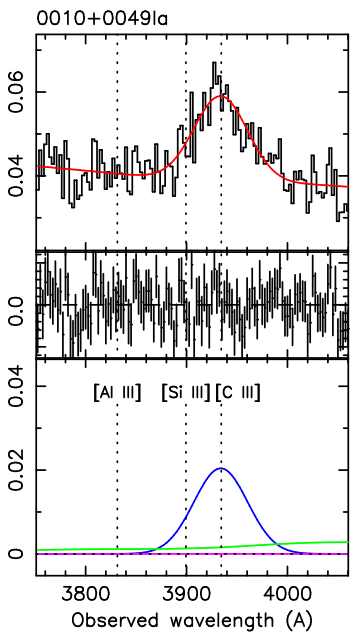
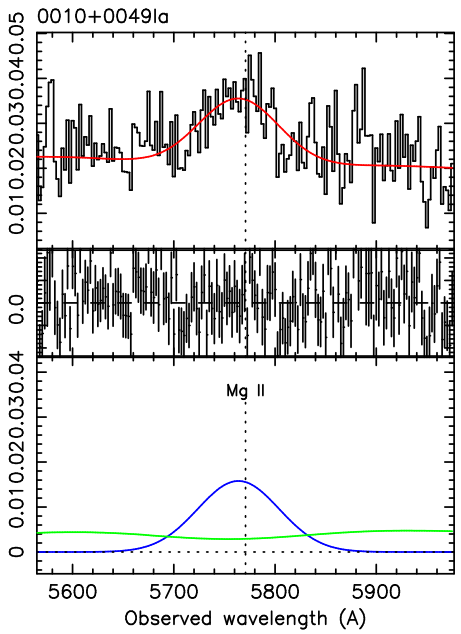
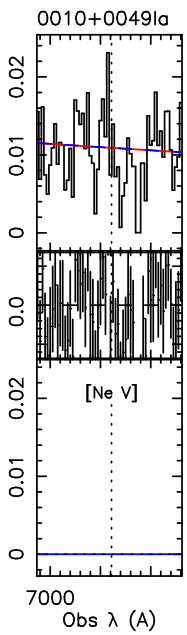
29) 0010+0049la

z = 1.061 N_H Gal = 3.02 $\times 10^{20}$ cm^{-2}